

## **NATIONAL SERVICE SCHEME (BIT-UNIT)**

**Bearys Institute of Technology Mangalore**

**Affiliated to Visvesvaraya Technological University, Belagavi**

**NSS Activity report 2024-25**

**On**

**Swachh Bharath Abhiyan “Healthy Mind-Clean Campus”**

**By**

**Mr. Badruddin P M**

NSS Coordinator,

Department of Civil Engineering

B.I.T. Mangalore

**Program Officer**

**Dr. Mohamed Kafeel Delvi**

NSS Program Officer

B.I.T. Mangalore

**Chairperson**

**Dr. S.I. Manjur Basha,**

Principal B.I.T Mangalore

## Circular

Dear Colleagues,

Following are duty assigned during Swacch Bharat Abhiyan organised by the Civil Department on 07/10/2024. Request all of you for your fullest coordination and support

| Sl.No | Duties Allotted   | Location   | Name of the faculty          | Signature |
|-------|---|--|------------------------------|-----------|
| 1     | Supervision of Civil Students                             | International Seminar Hall and in Garden & Block A.                          | All instructor and attenders |           |
| 2     | Stage Committee & Supervision of Mechanical Students      | In front of college.   | Dr Purushothama CT           |           |
| 3     | Discipline Committee & Supervision of First year Students | In the Seminar hall  | Prof Zaheer Ahmed            |           |
| 4     | Supervision of CSE Students                               | In the seminar hall and Arena  | Prof Badruddin               |           |
| 5     | Photographic Committee                                    | International Seminar hall and all locations                                 | Dr Altamashuddin Khan        |           |
| 6     | Refreshment Committee & Supervision of E&C Students       | Near concrete lab, Surrounding Hostel Area                                   | Prof Anjan Kumar             |           |
| 7     | Refreshment Committee & Supervision of AI&DS Students     | Near concrete lab, Parking area and Block B                                  | Prof Prasanna                |           |
| 8     | Programme Committee                                       | Report writing with photos to be sent to Vartha bharathi and college website | Prof Thejaswini              |           |

Prof. Badruddin P.M  
 NSS Coordinator,  
 Civil Engineering Department.

HOD  
 Civil Engineering Dept  
 BIT

## **Introduction of the Guest Speaker**

Dr. Ashwini S. Shetty is an Assistant Professor and the NSS Coordinator at Yenepoya Medical College in Mangaluru, Karnataka. She has a BAMS degree, an MSc in Medical Anatomy, and a Ph.D. from Yenepoya Medical College. She is also known for her research publications and awards.

### **Education:**

BAMS: Alva's Ayurveda Medical College

MSc (Medical Anatomy): Kasturba Medical College, Mangaluru

Ph.D. Yenepoya Medical College

### **Awards:**

Best NSS Programme Officer: Received this state-level award for the year 2015-16

Rajyotsava Award: Received this award for the best theme on No Plastic in Mangalore Zone in 2012

World Art Award: Received this award from UNICEF in 2000

### **Research:**

Comparative Cadaveric study of thoracic pedicle morphometry with the C T scan in Dakshina Kannada population: This was the title of her Ph.D. thesis

A Case Report of Atlanto-occipital Assimilation: This is one of her research works

### **Other work:**

She was the Organizing Secretary of the National Integration Camp for Youth (NICY) in 2017

She was nominated as state level Joint Secretary of Society of Biological Scientists of India in 2015-16

### INVITATION LEAFLET

## BEARYS INSTITUTE OF TECHNOLOGY

INOLI, MANGALORE

DEPARTMENT OF CIVIL ENGINEERING

*Organizes*

»—————«  
**"HEALTHY MIND - CLEAN CAMPUS"**  
»—————«

*A Swachh Bharath Abhiyan*

*Chief Guest*

**Dr. Ashwini S Shetty**

Director of Extension & Outreach,  
Yenepoya (Deemed to be University)

Presided By

**Dr. Nalini E Rebello**

HOD

Dept of Civil Engineering

**Dr. S I Manjur Basha**

Principal

Bearys Institute of Technology

Co-ordinator

**Prof. Badruddin P M**

Dept of Civil Engineering, BIT Mangalore

Date: 07-10-2024 | Time: 2.15 pm

Venue: International Seminar Hall, Bearys knowledge Campus

**WE LOOK FORWARD TO YOUR PRESENCE**

**PROGRAMM SCHEDULE**

**“HEALTHY MIND - CLEAN CAMPUS”**

**Date: 07/10/2024**

**Venue: International Seminar Hall**

| SL.NO | PARTICULARS   | TIMINGS        | NAME OF THE FACULTY                      |
|-------|---|----------------|--|
| 1     | Inviting the guests to the Dias                       | 2.15 PM        | Mr. Abdul Rahaman                        |
| 2     | Prayer  | 2.17 - 2.20 PM | Ms. Manjula & Team                       |
| 3     | Welcome Speech  | 2.20 -2.25 PM  | Dr. Nalini E Rebello, HOD of Civil Dept. |
| 4     | Watering of Plant                                     | 2.25-2.28 PM   | All Dignitaries on the Dias              |
| 5     | Speech by Principal                                   | 2.30 -2.40 PM  | Dr. S I Manjur Basha, Principal of BIT   |
| 6     | Speech by Chief Guest                                 | 2.40-3.15 PM   | Dr. Ashwini S Shetty                     |
| 7     | Giving Memento to Chief Guest                         | 3.15 PM        | Dr. S I Manjur Basha, Principal of BIT   |
| 8     | Proceed to the respective Venues for campus cleaning. | 3.20 PM        | All Participants.                        |
| 9     | Gathering of bags followed by Tea Session             | 4.00 PM        | All Participants.                        |

Prof. Badruddin P.M  
 NSS Coordinator,  
 Department of Civil Engineering

HOD  
 Department of Civil Engineering  
 BIT

## REPORT SUMMARY

### **Report for Swachh Bharath Abhiyan “Healthy Mind-Clean Campus” held on 07/10/2024**

The Department of Civil Engineering organised Swachh Bharath Abhiyan "Healthy Mind - Clean Campus" on October 7, 2024. Dr Ashwini S Shetty Director of Extension and Outreach, Yenepoya (Deemed to be University) was invited as the Chief Guest. The program began with invocation song. Dr. S I Manjur Basha, Principal Bearys Institute of Technology, Dr. Nalini E Rebello, HOD department of Civil Engineering, Dr.Kafeel Delvi, NSS Officer, Prof. Badruddin P.M, NSS coordinator , Department of Civil Engineering were present on the dias.

Dr Ashwini S Shetty in her address said that a healthy mind and healthy environment are connected. The mind can be happy only when we do something good for society, be involved in Physical activities, good food habits thus avoiding junk food. She also explained adverse effects of eating junk food on Pulmonary, Cardiovascular and even Reproduction organs. Adopting a school and extending help to the less privileged leads to great happiness by imparting knowledge to the less fortunate. She also emphasized need of maintaining a clean environment. The ill effects of human intervention on the soil, land and air was explained.

The Session ended with Sanskrit sloka

Manah-prasādaḥ saumyatvaṁ maunam ātma-vinigrahaḥ

bhāva-saṁśuddhir ity etat tapo mānasam uchyate It means Serenity of thought, gentleness, silence, self-control, and purity of purpose—all these are declared as austerity of the mind.

After the Formal address students dispersed to various locations of the campus and gathered papers, plastics and cleaned the whole campus. The main aim was to bring awareness amongst students to maintain a Clean and Hygienic environment at BIT.



Fig 2 Dr. S I Manjur Basha Principal of BIT Mangalore, Inaugurating by watering of plant.



Fig 3 Audience Gathered at International Seminar Hall



Fig 4 Felicitation of Chief Guest Dr. S I Manjur Basha Principal of BIT Mangalore



Fig 5 Students are cleaning BIT campus



Fig 6 Collection of waste

NSS BIT

### EXPENDITURE REPORT

From,

Prof. Badruddin P.M  
Assistant Professor,  
Civil Engineering Department

To,

The Principal  
BIT, Mangalore

Through,

Dr Nalini E Rebello  
HoD,  
Civil Engineering Department

Respected sir,

Subject: Expenditure for Swacch Bharat Abhiyan (NSS Activities),2024-25 reg:-

Sir, we applied budget for 8,000 Rupees and it is not yet come. So we collected 2,000 from college account section. Following are the expenditure towards the event.

|   |   |                                |
|---|---|--------------------------------|
| 1 | Guest Honorarium                              | Rs.1500=00                     |
| 2 | Cleaning Materials like., bag, gloves excetra | Provided by college            |
| 3 | Transportation for guest                      | Not Used                       |
| 4 | Roses and Water bottles                       | Rs.130=00                      |
| 5 | Tea and Refreshment                           | Rs.80=00(only for chief guest) |
|   |   |                                |
|   | Total   | Rs.1710=00                     |

So, Excess amount 290 Rupees I am returning now. Thank you for your support for smooth conduction of programme.

Thanking you

Yours faithfully

Prof. Badruddin P.M  
NSS Coordinator,  
Civil Engineering Department.



NSS BIT UNIT